



POSITION STATEMENT

TECHNIQUES AND MODALITIES CONSIDERED ADJUNCT TO MASSAGE THERAPY

Position

The attached list is a schedule of both techniques and modalities that the MTAA Board of Directors considers to be adjunct to the Scope of Practice and that would be added to a Massage Therapy treatment and carry a higher risk of harm.

Adjunct techniques and modalities are not to comprise more than 30% of the overall Massage Therapy treatment time and require additional liability insurance coverage.

This list should not be interpreted as a complete list of activities considered as Adjunct to the Scope of Practice, rather it is a list of those activities for which the MTAA feels specific clarification is required at this time.

1. Aromatherapy
2. Extracorporeal Shockwave Therapy
3. Fire Cupping
4. Frequency Specific Microcurrent (low energy protocol only)
5. Graston Technique
6. Interferential Current (IFC) Therapy
7. Integrated Manual Therapy
8. Low Intensity Laser Therapy
9. Low Level Cold Laser Treatment
10. Pilates
11. Pulsed High Frequency
12. Rolfing
13. Structural Integration
14. TENS
15. Thai Yoga
16. Thai Massage
17. Therapeutic Ultrasound
18. Yoga

Should any of these adjunct techniques or modalities be done in isolation of a Massage Therapy treatment, or comprise more than 30% of the overall treatment time, they are not considered to be Massage Therapy and are not to be billed as such to a patient.

The Massage Therapist Association of Alberta leads the practice of its members in Alberta. Contact us for more information on this or other position statements.

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