



POSITION STATEMENT

TECHNIQUES AND MODALITIES CONSIDERED ADJUNCT TO MASSAGE THERAPY

Position

Adjunct techniques and modalities are defined as:

1. Those which carry an increased risk of harm to the public; and
2. Those which a therapist has indirect control over the device or tool; and
3. Where an external source is required in order to activate the device or tool in order to assist in manipulating the soft tissue and joints of the body.

In order for a therapist to utilize any of these techniques, modalities or tools/devices, they must have obtained education in the technique or modality and additional liability insurance coverage.

Adjunct techniques and modalities must be evidence informed and the evidence must support the MTAA Scope of Practice.

Further, it must be clinically indicated to use the technique and the intent of the technique is to assess or treat the soft tissues as outlined in our Scope of Practice.

1. Aromatherapy
2. Extracorporeal Shockwave Therapy
3. Fire Cupping
4. Frequency Specific Microcurrent (low energy protocol only)
5. Interferential Current (IFC) Therapy
6. Low Intensity Laser Therapy
7. Low Level Cold Laser Treatment
8. Pulsed High Frequency
9. TENS
10. Therapeutic Ultrasound
11. Trigenics
12. Watsu