



# POSITION AND GUIDELINES STATEMENT

## THE USE AND SALE OF CANNABIS DERIVED PRODUCTS INCLUDING CBD (CANNABIDIOL) PRODUCTS BY MASSAGE THERAPISTS

### **BILL C-45 THE CANNABIS ACT** **An Act respecting Cannabis and to amend the** **Controlled Drugs and Substances Act, and** **the Criminal Code and other Acts**

#### **Position and Guidelines**

*The Cannabis Act* – Bill C-45, was recently passed by the Canadian Senate and is now in the final stages towards legislation. However, it is important for all MTA members to understand that during this phase, ***Cannabis is still considered a Controlled Schedule II Drug, which means it is illegal.*** According to *The Controlled Drugs and Substances Act* (S.C. 1996, c. 19) Cannabis and its derivatives are specifically defined as (an excerpt):

1 Cannabis, its preparations and derivatives, including:

- (1) Cannabis resin
- (2) Cannabis (marihuana)
- (3) Cannabidiol (2-[3-methyl-6-(1-methylethenyl)-2-cyclohexen-1-yl]-5-pentyl-1,3-benzenediol)
- (4) Cannabinol (3-n-amy-6,6,9-trimethyl-6-dibenzopyran-1-ol)
- (7) Tetrahydrocannabinol (tetrahydro-6,6,9-trimethyl-3-pentyl-6H-dibenzo[b,d]pyran-1-ol)

<http://laws-lois.justice.gc.ca/eng/acts/C-38.8/page-13.html#docCont>

Currently, all CBD (Cannabidiol) containing products are classified as a Schedule II Drug, including CBD lubricants. ***The use of any CBD related product as a lubricant, by a Massage Therapist, can be interpreted as 'dispensing' and is beyond the Scope of Practice for Massage Therapists.*** Until Cannabis is fully legalized in Canada, only Licensed Producers (LPs) approved by Health Canada can legally sell Cannabis products including Cannabidiol products, to medically prescribed users.

**The MTA strongly advises its members to observe the laws related to Cannabis use, sale, and acquisition, and refrain at this time, from using any such products in their practice.**

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The Massage Therapist Association of Alberta leads the practice of its members in Alberta. Contact us for more information on this or other position statements.

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**The following guidelines apply to ALL MTAA members:**

1. **DO NOT USE** any products, or apply any lubricants, that contain **any** amounts of CBD or THC (tetrahydrocannabinol), regardless of the source of these compounds, in your clinical environment in the course of providing treatment as a Massage Therapist.
2. **DO NOT SELL** any products that contain **any** amounts of CBD or THC, regardless of the source of these compounds, in your clinical environment unless you are an approved Licensed Producer by Health Canada.
3. **DO NOT RECOMMEND** any products that contain **any** amounts of CBD or THC, regardless of the source of these compounds, to any persons /clients in your clinical practice.

Once Cannabis becomes legal, *The Cannabis Act* will influence potential changes to other legislation. However, at this time there is no definitive knowledge as to precisely how legalization of Cannabis will fully affect *The Controlled Drugs and Substances Act* and related Schedules.

The MTAA will keep our members apprised as additional information becomes available.

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