



Massage Therapist Association of Alberta

Standards of Practice

Standard 9

Category: COMMUNICATION / PUBLIC HEALTH

Ratified: September 13, 2008

Amended:

Rescinded:

Treatment and Treatment Plans

Explain the Initial Treatment to the Client

Conditions:

Given that Massage Therapy treatment is indicated.

Task:

Explain the initial treatment to the client.

Standard:

Quality / Technical:

- So that the treatment is consistent with the MTAA Scope of Practice.
- So that any changes in the client's wishes regarding consent are obtained before each treatment and are followed.

Quality/ Interpersonal:

- So that the client is given an opportunity to ask any questions.

Timing:

- Before beginning the treatment.

Develop and Record an On-Going Treatment Plan

Conditions:

Given that on-going Massage Therapy treatment is indicated, and given the client's request for treatment and your assessment of the client's condition.

Task:

Develop and record an on-going treatment plan.

Standard:

Quality / Technical:

- The plan must include: goals, type and focus of treatment(s), areas of the body to be treated, anticipated frequency and duration of treatments, anticipated client responses to treatment, schedule for reassessment of the client's condition, and/or recommended remedial exercises and/or hydrotherapy.
- So that the plan is consistent with the MTAA Scope of Practice.

Timing:

- After the first massage treatment and update whenever treatment plan is altered.



Massage Therapist Association of Alberta Standards of Practice

Inform the Client of Any Change in the Treatment Plan

Conditions:

Given that the client informed you of changes in his/her wishes, his/her physical condition or health status, and/or you identified a change in the client's condition and/or a lack of client response to treatment, requiring a change in the treatment plan.

Task:

Inform client of change in treatment plan.

Standard:

Quality / Interpersonal

- So that you ask the client if he/she has any questions.
- So that you answer the client's questions and/or refer him/her to another health care professional for questions that are not within your area of expertise.

Quality / Technical:

- So that the information conveyed to the client includes what the changes to the treatment plan are, and why.
- So that you obtain and record consent from the client for all changes in treatment.

Timing:

- Before continuing with massage treatment.
- Record changes to treatment plan within 24 hours of the treatment.