



# Massage Therapist Association of Alberta

## Standards of Practice

### Standard 7

**Category:** COMMUNICATION / PUBLIC HEALTH

**Ratified:** September 13, 2008

**Amended:**

**Rescinded:**

### *Consent*

**Conditions:**

Given that the assessment / reassessment or treatment is ready to begin.

**Task:**

Obtain the client's consent to perform the assessment / reassessment or treatment.

**Standard:**

**Quality / Technical:**

- So that the treatment is consistent with the MTAA Scope of Practice.
- So that consent is obtained voluntarily.
- So that consent is not obtained through misrepresentation or fraud.

**Quality/Interpersonal:**

- So that the client is told the nature and purpose of the proposed assessment /reassessment and/or treatment including the areas of the body involved.
- So that the client is informed of any risks, benefits, possible complications and any contraindications of the assessment / reassessment and/or treatment.
- So that the client is informed that assessment / reassessment or treatment will be stopped or modified at any time, at his/her request.
- So that you tell the client that you will be checking periodically to determine the client's level of comfort.
- So that the client is given an opportunity to ask any questions.

**Timing:**

- Before beginning the assessment/reassessment and / or treatment.
- So that you record informed consent in the client's clinical record as soon as possible, within 24 hours of treatment.