



# Massage Therapist Association of Alberta

## Standards of Practice

### Standard 4

**Category:** COMMUNICATION / PUBLIC HEALTH

**Ratified:** September 13, 2008

**Amended:**

**Rescinded:**

### *Interview the Client to Obtain His/Her Treatment Goals*

**Conditions:**

In a treatment area, given a client who comes to you for Massage Therapy.

**Task:**

Interview the client to obtain his/ her treatment goals

**Standard:**

**Quality / Technical:**

- So that your interview questions include:
  - client's goals for the treatment.
  - limitations to activities of daily life.
  - identification of area(s) client would like to focus on.
  - discovery of contributing factors.

**Quality /Interpersonal:**

- So that you give the client an opportunity to inform you of any specific area(s) to be treated and to relay any information the client chooses about his/her treatment goals.
- So that you give the client an opportunity to ask questions.

**Timing:**

- Before the massage begins and at any time during the massage.