



Massage Therapist Association of Alberta
Standards of Practice

Standard 36

Category: **Technique**

Ratified: **September 13, 2008**

Amended:

Rescinded:

Perform a Tapotement Technique

Conditions:

Given that the client's treatment plan indicates the need for a tapotement technique.

Task:

Perform a tapotement technique.

Standard:

Quality / Technical:

- So that the technique is percussive and rhythmic.
- So that when you perform light tapotement your hands are light and springy and do not create force below the skin surface.
- So that when you perform heavy tapotement your hands are firm and apply force below the skin surface.

Safety:

- So that any heavy tapotement technique is not performed over any bony prominence, the kidneys, abdomen or any fragile tissue.
- So that tapotement is not used or is modified if a contraindication to this technique exists.