



Massage Therapist Association of Alberta
Standards of Practice

Standard 35

Category: **Technique**

Ratified: **September 13, 2008**

Amended:

Rescinded:

Perform a Vibration Technique

Conditions:

Given that the client's treatment plan indicates the need for vibration technique.

Task:

Perform a vibration technique.

Standard:

Quality / Technical:

- So that when you perform static vibrations your whole hand or part thereof is in continuous contact with the client's body without sliding over the client's skin.
- So that when you perform running vibrations your whole hand or part thereof is in continuous contact with the client's body with a slight glide over the client's skin.

Safety:

- So that vibration is not used or is modified if a contraindication to this technique exists.