



Massage Therapist Association of Alberta
Standards of Practice

Standard 33

Category: **Technique**

Ratified: **September 13, 2008**

Amended:

Rescinded:

Perform a Petrissage Technique

Conditions:

Given that the client's treatment plan indicates the need for petrissage technique.

Task:

Perform a petrissage technique.

Standard:

Quality / Technical:

- So that the tissues are compressed and released in a rhythmical fashion.
- So that the tissue layers are kneaded and stretched relative to each other.

Safety:

- So that petrissage is not used or is modified if a contraindication to this technique exists.