



Massage Therapist Association of Alberta
Standards of Practice

Standard 32

Category: **Technique**

Ratified: **September 13, 2008**

Amended:

Rescinded:

Perform an Effleurage Technique

Conditions:

Given that the client's treatment plan indicates the need for effleurage technique.

Task:

Perform an effleurage technique.

Standard:

Quality / Technical:

- So that the direction of movement is generally towards the heart.
- So that the movement is broad and general, and proportional to the part of the body being worked on.

Safety:

- So that effleurage is not used or is modified if a contraindication to this technique exists.