



# Massage Therapist Association of Alberta

## Standards of Practice

### Standard 11

**Category:** COMMUNICATION / PUBLIC HEALTH

**Ratified:** September 13, 2008

**Amended:**

**Rescinded:**

### *Draping*

#### **Undrape the Client for Treatment**

**Conditions:**

Given the client is positioned for the treatment.

**Task:**

Undrape the client for treatment.

**Standard:**

**Quality / Technical:**

- So that the draping is secured.
- So that if the client requests that the draping is rearranged for his/her comfort, you accommodate the request as long as you are not uncomfortable with any body parts being exposed.
- So that female breasts are not exposed except when being treated in accordance with Technique Standards.
- So that the client's genitalia or gluteal cleft are not exposed.
- Notwithstanding all the above, it is acceptable for a female client to be so exposed within the circumstances of labour or child delivery, if
  - The accommodation is required to effectively deliver Massage Therapy services requested by the client or her designate,
  - The client or her designate directly request this accommodation,
  - The therapist has ensured that consent is properly obtained with the accommodation recorded, and
  - All reasonable efforts continue to be made by the therapist to ensure privacy and respect for the client.
- Infants may be treated in an undraped fashion with consent of parent or substitute decision maker.

**Quality / Interpersonal:**

- So that you inform the client of what area of the body you will uncover and treat before uncovering.
- So that you enquire as to the clients comfort and adjust support as necessary.

#### **Instruct and/or Assist the Client to Change Position**

**Conditions:**

Given that you require that the client change positions during treatment.

**Task:**

Instruct and/or assist the client to change position



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### **Standard:**

#### ***Quality / Technical:***

- So that the client is informed on why and how to change position.
- So that the sheets and pillows are secured for client comfort.
- So that you secure the top sheet to ensure the client's body is not exposed at any time.

#### ***Quality / Interpersonal:***

- So that the client is asked about his/ her level of comfort after he/she is in the new position.
- So that all efforts are made to maintain respectful privacy of the client by use of covering, while assisting him/her to change position.

#### ***Safety:***

- Ensuring that the client does not fall off the massage equipment while changing position.