



# Massage Therapist Association of Alberta

## Standards of Practice

### Standard 1

**Category:** COMMUNICATION / PUBLIC HEALTH

**Ratified:** June 5, 2011

**Amended:** June 5, 2011

**Rescinded:**

### *Prepare the Treatment Area*

**Conditions:**

In a treatment area, using disinfecting cleaning materials, massage equipment, freshly laundered linen, towels and a blanket.

**Task:**

Prepare the treatment area.

**Standard:**

**Quality / Technical:**

- Ensure that the room and equipment surfaces have been cleaned according to the requirements of communicable disease control as defined by the *World Health Organization (WHO)*.
- So that you use only sheets and towels that have been freshly laundered.
- So that the linens, towels and blanket that come in contact with the client have not been used by a prior client.
- So that linen used for draping will allow for full coverage of the client.

**Safety:**

- So that the linens and pillows do not interfere with the client's ability to get on and off the table.
- So that any obstacle or substance that could make the floor slippery is removed from the treatment room to prevent accidental falls.
- So that equipment is properly maintained and that manufacturer's instructions are followed correctly.
- So that the transference of infectious diseases is limited.

**Timing:**

- Prior to the client entering the treatment area.
- After a client who required the use of protective barriers leaves the treatment area.